



PSI

Volleyball

-
- ADMINISTRATIVE STUFF
 - NEW RULES
 - SETTER ROTATION AND COACH SPEAK
 - SCOREKEEPING PRE/POST SET
 - CASE PLAYS

Update your blocks!!

- Anniversary
- Spouse's birthday
- Children's birthdays
- Your Birthday


Update your blocks!!

- Family vacations
- Planned snowboarding trip
- Date night
- Other association's assignments

Update your blocks!!


| August | | September 2023 | | | | | October |
|--------|-----|----------------|-----|-----|-----|-----|---------|
| Sun | Mon | Tue | Wed | Thu | Fri | Sat | |
| 27 | 28 | 29 | 30 | 31 | 1 | 2 | |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 | |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 | |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 | |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | |

Have you updated your Profile?

ArbiterSports Lance Null (Official) PSI (New) (101441) 

MAIN SCHEDULE EVALUATIONS PAYMENTS BLOCKS LISTS REPORTS **PROFILE**


Information Preferences Password Sharing

Account Update My Information On this page you can find official details Need Help? 

Phones Custom Fields Old Registration Message Center



Status Ready

Add a photo if you havent Save Cancel

User Identification Picture 

First Name

Middle Name

Last Name  





Suffix

Email Address +


Username

Save

Make phone number visible

| Phone Numbers | Ext. | Type | Carrier | Public | Private | Test | + |
|---|-----------------------------------|---------------------------------------|--------------------------------------|-------------------------------------|--------------------------|---|---|
| <input type="text" value="831-261-6179"/> | <input type="text" value="Ext."/> | <input type="text" value="Cellular"/> | <input type="text" value="Verizon"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |  |  |
| <input type="text" value="831-422-2510"/> | <input type="text" value="Ext."/> | <input type="text" value="Home"/> | <input type="text" value="Comcast"/> | <input type="checkbox"/> | <input type="checkbox"/> |  |  |

Save

Eligibility 

[Click Here For Help](#)

Good Profile Pictures



Not So Good Profile Pictures



To Do List

Call your partner.



Pay Raise

| | R1 – Old | R1 – New | Change | R2 – Old | R2 – New | Change |
|---------------|----------|----------|--------|----------|----------|--------|
| Varsity | 78.50 | 81 | +2.50 | 67.36 | 72 | +4.64 |
| JV/Fr | 58.14 | 62 | +3.86 | 58.14 | 60 | +1.86 |
| Middle School | 50 | 60 | +10 | | | |

From Upon High

Teams will NOT switch sides unless there is a distinct advantage of one side over the other.

Jamboree Update

The Volleyball Jamborees are on Sat, Aug 19

Varsity – 9 AM Soledad HS – Kevin Long & Larry Eady

JV – 9 AM Alvarez HS

JV – 9 AM Monte Vista Christian School

Frosh – 9:30 AM Watsonville HS

Start of the Season

| Date | F/JV/Var | JV/Var | Var | | Date | F/JV/Var | JV/Var | Var |
|---------|----------|---------------|-----|--|--------|----------|--------|-----|
| Th 8/24 | 1 | 2 | - | | M 9/4 | | | 1 |
| F 8/25 | 1 | 1 | - | | T 9/5 | 2 | 4 | |
| S 8/26 | | Var Tourn (2) | | | W 9/6 | 1 | 1 | |
| M 8/28 | 1 | 2 | | | Th 9/7 | 2 | 5 | 1 |
| T 8/29 | 1 | 3 | 1 | | F 9/8 | | 1 | |
| W 8/30 | 1 | | 1 | | S 9/9 | | 2 | 1 |
| Th 8/31 | 2 | 3 | | | | | | |
| F 9/1 | | 1 | | | M 9/11 | | 2 | 1 |
| S 9/2 | | JV Tourn (4) | | | T 9/12 | 3 | 4 | |

Now on with the
show





2023-24 NFHS VOLLEYBALL RULES POWERPOINT

National Federation of State
High School Associations



Rules Changes

Editorial Changes

Points of Emphasis

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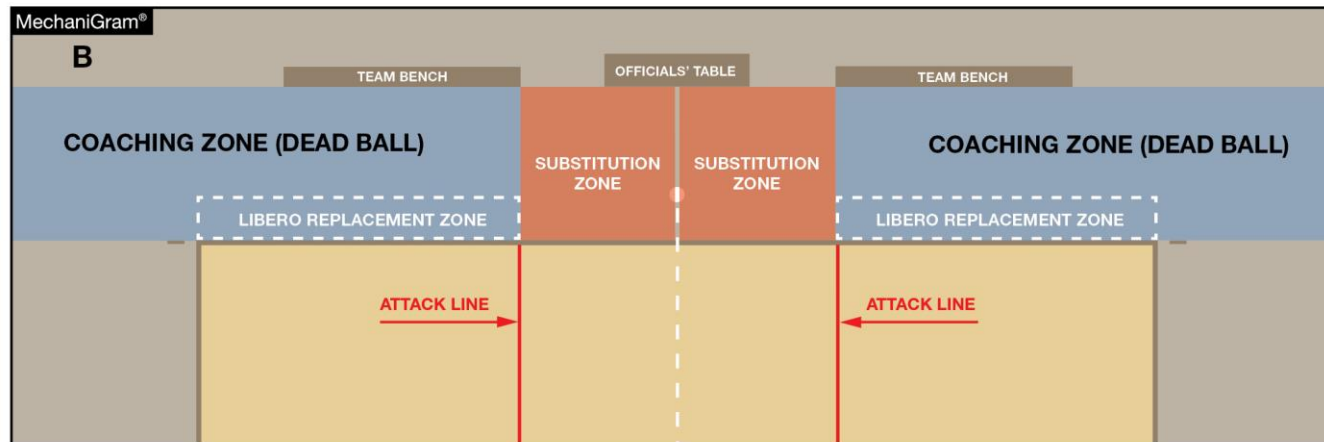
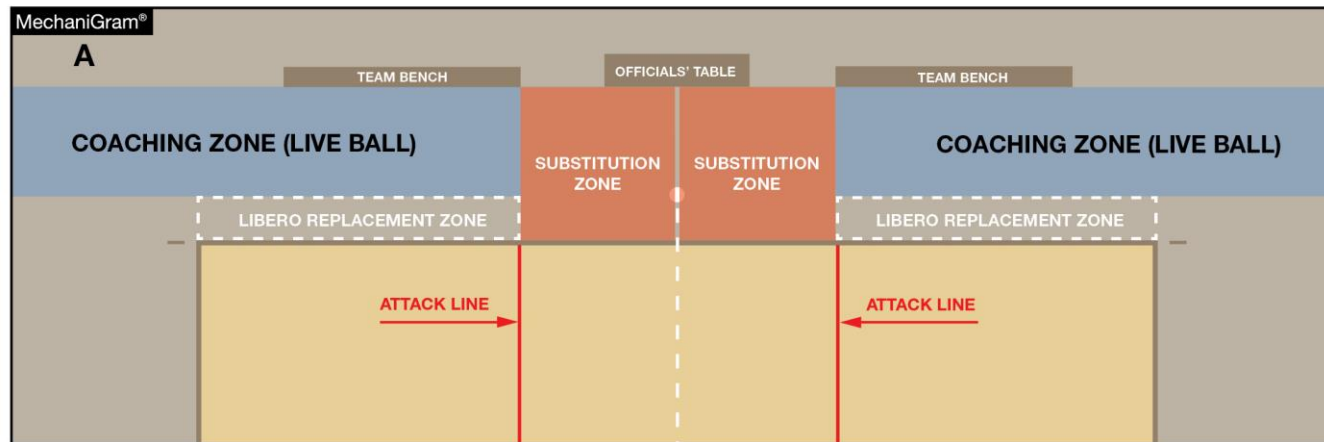
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2023-24 NFHS Volleyball

RULES CHANGES

THE COURT AND MARKINGS

2-1-9 (NEW) & 12-2-5

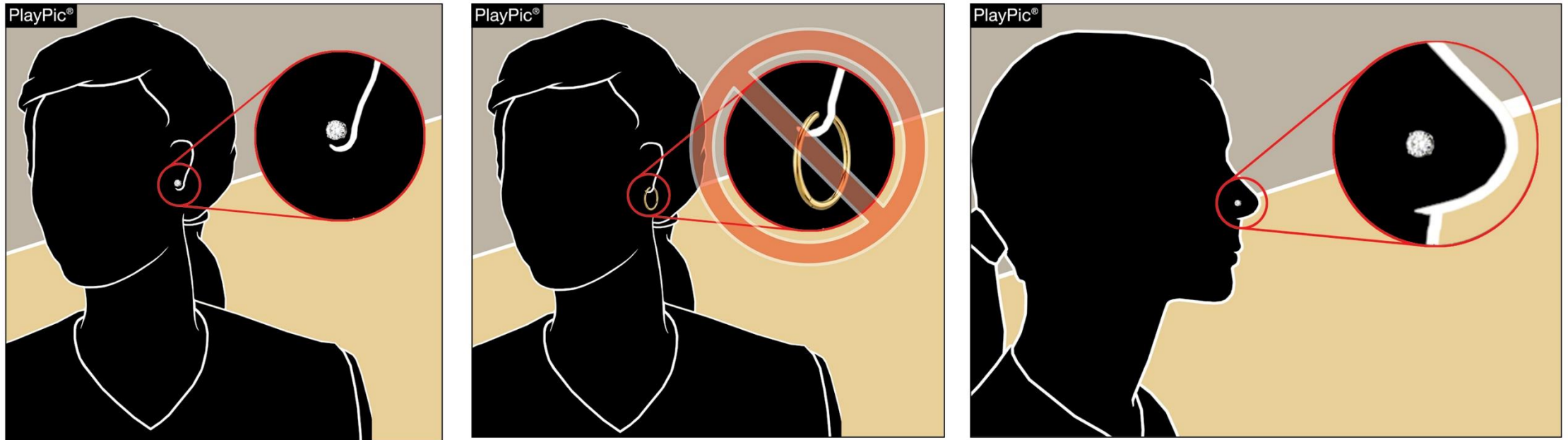


A new Coaching Zone has been established to clearly identify the area in which coaches are allowed to stand.

This area is defined by the libero replacement zone extending beyond the end line and sideline extended. Head coaches must maintain a distance of at least 6 feet from the sideline during live-ball situations (MechaniGram A) and may approach the sideline during dead-ball situations (MechaniGram B).

Equipment and accessories

4-1-7



- Small, secured stud or post jewelry may be worn above the chin.
- No jewelry is permitted below the chin.

Equipment and accessories

4-1-7



String bracelets, commemorative bracelets and body jewelry are considered jewelry and are not permitted.

Taping over jewelry is not permitted.

- Exceptions remain for religious and medical alert medals

Legal uniform

4-2-4b

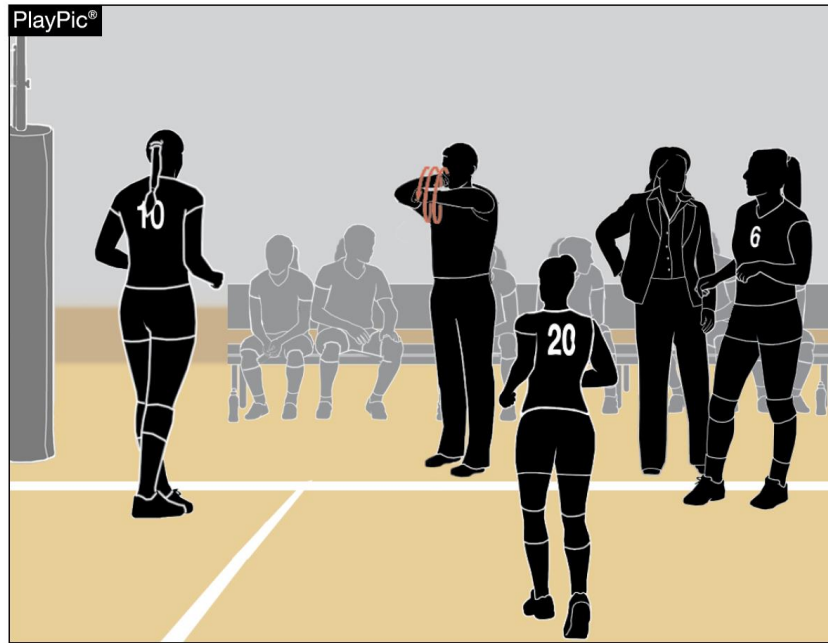


- Numbers with a leading zero (01, 02, 03, etc.) will be non-compliant beginning in **2028**.
- Legal uniforms must be numbered 0-99.

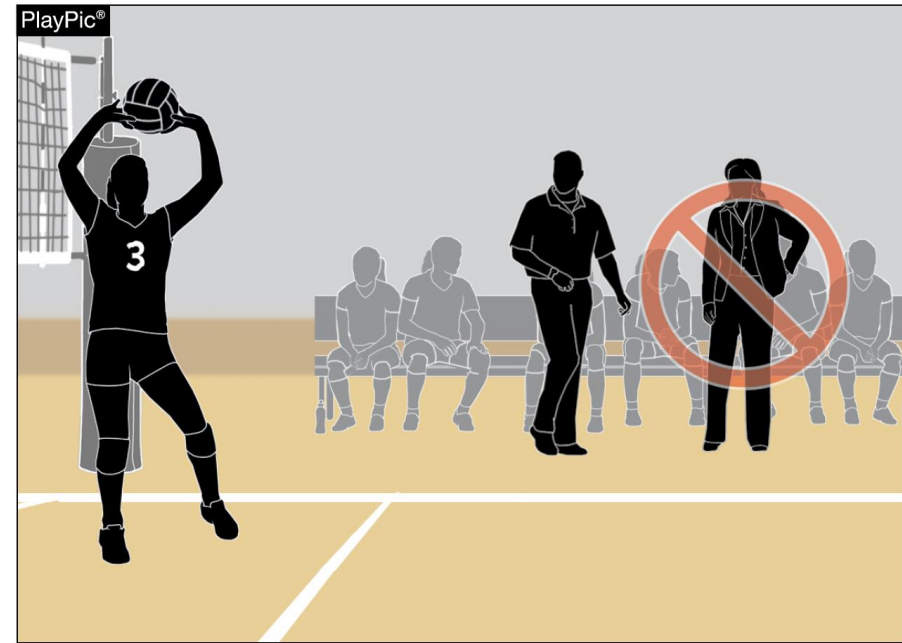
conduct

5-5-3b(11), 12-2-6

Dead Ball

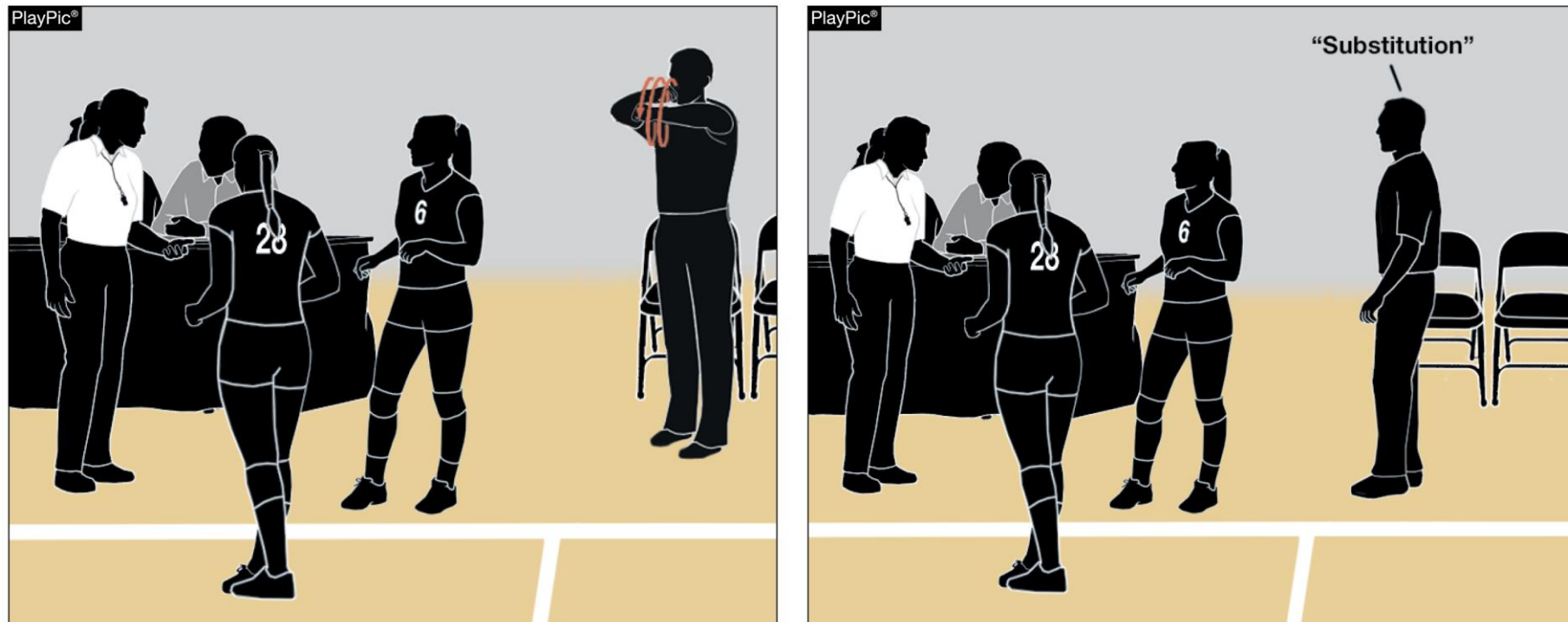


Live Ball



- One assistant coach may stand within the coaching zone to provide instruction during dead-ball situations only.
- The assistant coach who stands may change throughout the match – **only one** can stand at a time.

Procedure for substitution 10-2-1



- The head coach may signal or verbally request a substitution.

4-2-4c

legal uniform



ILLEGAL (2023)



LEGAL



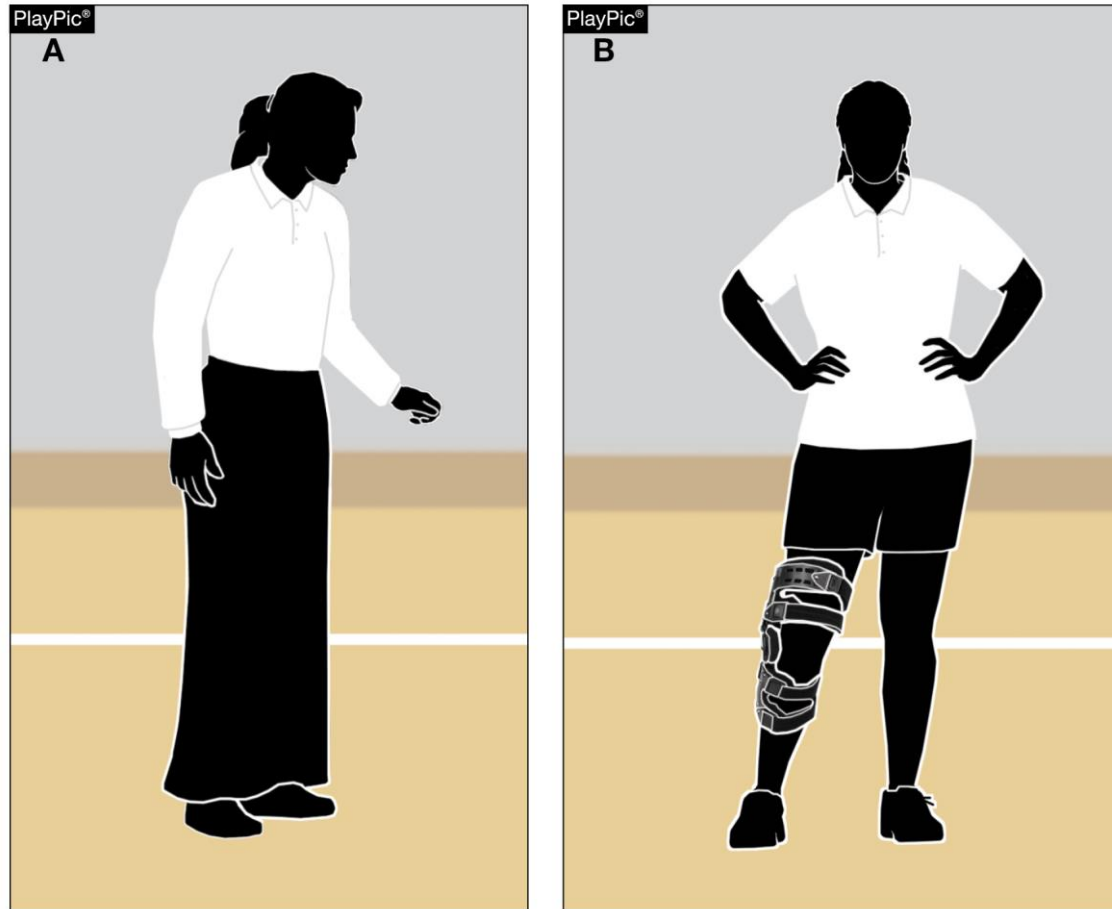
LEGAL

Beginning with the 2023 season, the body of the uniform number must clearly contrast with the uniform top regardless of the border/trim.

2023-24 NFHS Volleyball

EDITORIAL CHANGE

5-3-1 note (new) officials uniform accommodations



Officials uniform accommodations may be made for religious and medical reasons while adhering to the established colors in items (a) and (b).

Editorial Changes

2-1-1, 2-1-3, 2-1-4, 2-1-5,

2-1-6, 3-1-1, 3-1-2, 3-5

Added “or” before the metric measurement to clarify that either measurement is legal.

5-5-3b(10), 9-1-1,

10-2-7a(1)

Added appropriate reference to the new “coaching zone.”

10-2-1

Eliminated clerical error that a captain could request a substitution.

2023-24 NFHS Volleyball

POINTS OF EMPHASIS

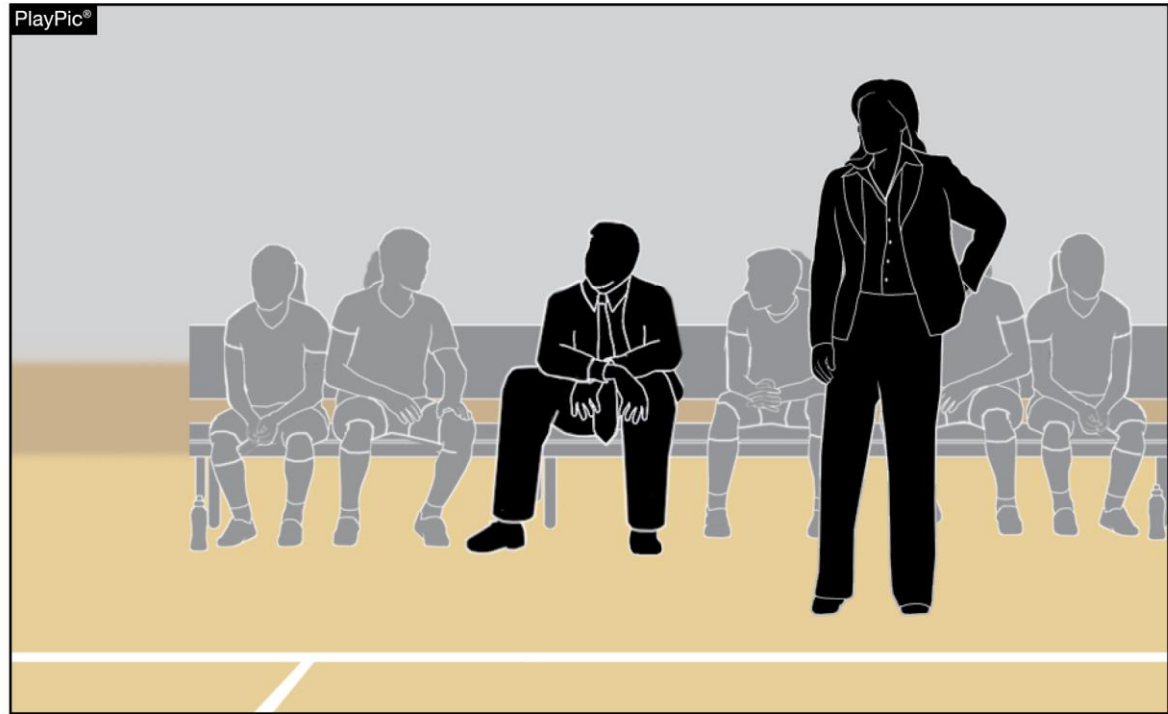
Coaching Zone privileges



The pre-match conference provides an opportunity for the officials to identify the head coach of each team for the current match.

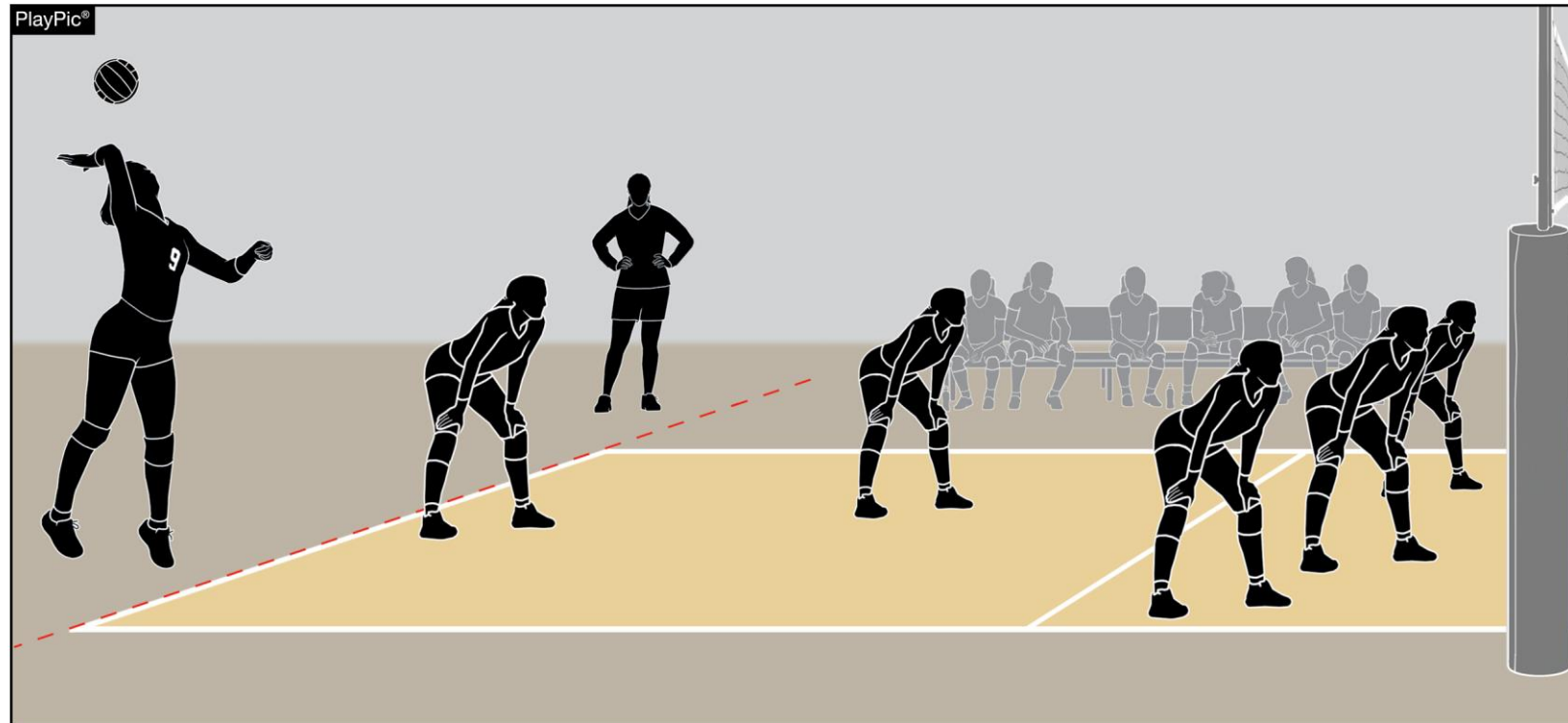
During the pre-match conference, officials should remind head coaches that **only one** assistant coach at a time may stand during a dead ball.

Coaching Zone privileges



Once the first referee extends an arm for the authorization of serve, the assistant coach must return to the bench and may not stand again until the next dead ball.

Coaching Zone privileges



The head coach may stand and coach beyond the libero replacement zone. However, the coach must remain six feet off the court during play and may not cross the sideline extended during dead-ball situations.

Coaching Zone privileges

Assistant coaches may not address officials, except to:

- Review the accuracy of the score,
- Verify the number of time-outs used by their team,
- Verify the number of substitutions used by their team, or
- Verify the proper server for the opponent.

Abuse of these privileges will result in:

- **Yellow** Conduct Card (warning) for first minor offense;
- **Red** Conduct Card (penalty) for first serious or second minor offense and loss of rally/point is awarded to opponent.



Setter Rotation

LEARNING COACH SPEAK AND RECOGNIZING OVERLAPS

Setter Rotation

Setter rotations are numbered one to six, based upon where the setter starts the play.

Position one is the right back position, and the other positions are numbered clockwise as the setter rotates around the court.

Setter positions are numbered the opposite direction from serving order.

Setter Rotation

This video is how to run the 5-1 offense.

It has a lot of useful information, including overlap possibilities.

You can refer to the remaining slides in this section at a later time to review the information

How To Run A 5-1 Volleyball Rotation (ANIMATED GUIDE)

We're going to skip the intro, but you might want to watch it sometime.

<https://www.youtube.com/watch?v=LkpmYtogPdw&list=PLEQx04XR2KsM1Iga5jmWgIIE8gPL0ihV3&index=3&t=232s>

How To Run A 6-2 Volleyball Rotation (ANIMATED GUIDE)

If you'd like to watch a video about the 6-2 offense, follow this link:

<https://www.youtube.com/watch?v=b48Y9BhVsSs>

5-1 Offense

Players

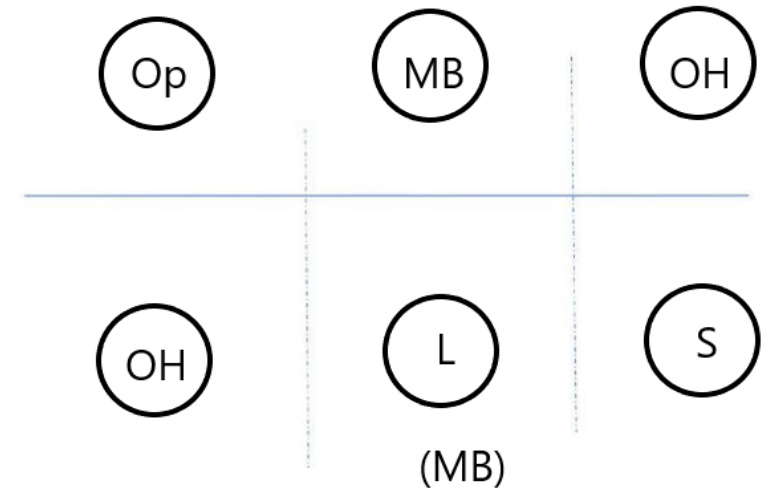
S – Setter

OH – Outside Hitter

MB – Middle Blocker

Op – Opposite

L – Libero



Rotation One

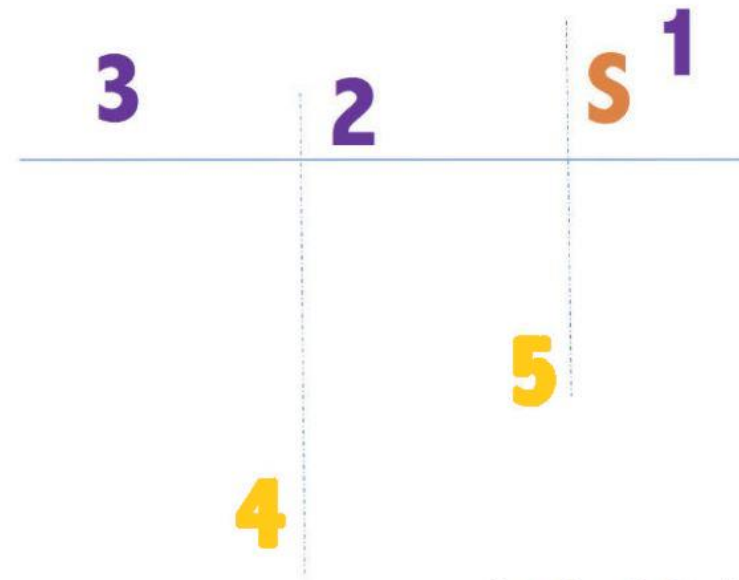
The setter pushes up to the front right of the net, without crossing in front of player one.

(No overlapping front to back or side to side within a row, remember?)

Player two or three, drops back into serve-receive to assist four and five since the setter moved up.

The setter can't cross in front of player one, nor cross closer to the middle than player five.

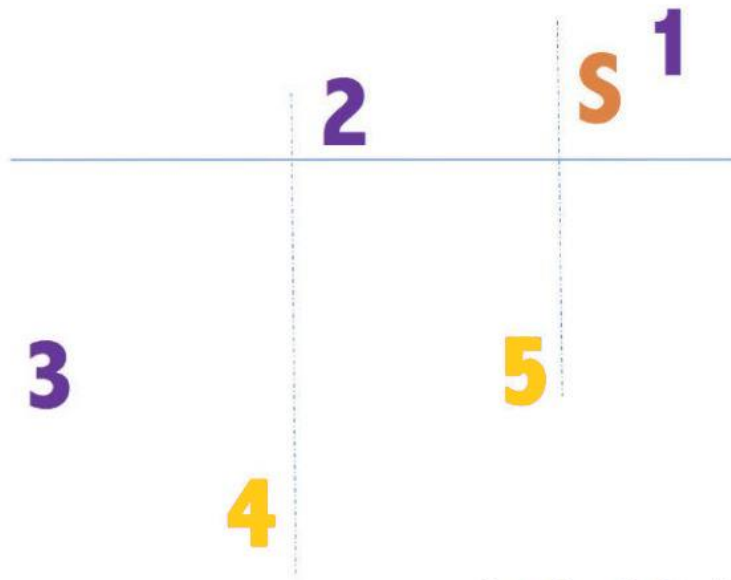
Rotation One



Rotation 1: Stack Right

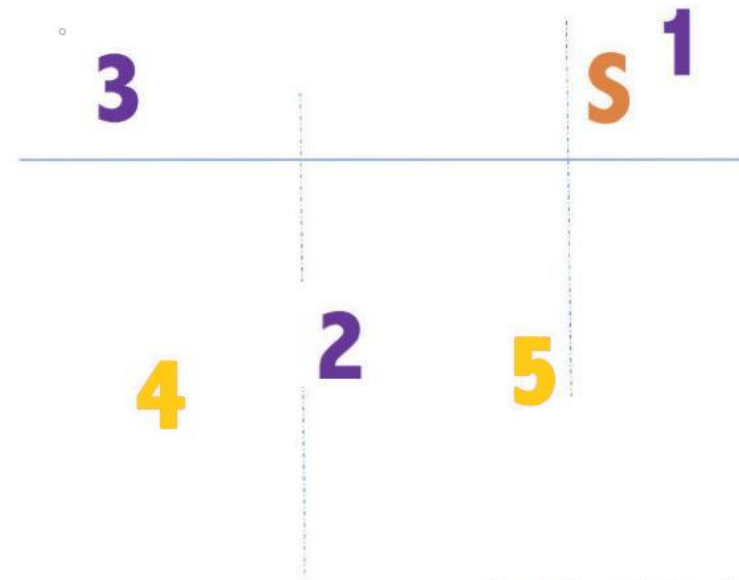
Rotation One

Rotation One



Rotation 1: Stack Right

Rotation One



Rotation 1: Stack Right

Rotation Two

The second rotation also allows the setter to start quite close to their preferred setting placement.

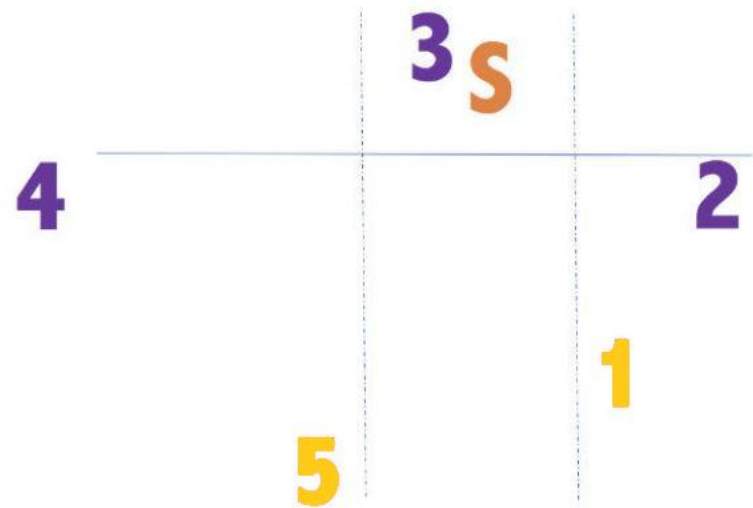
The setter, having moved clockwise, is now in the back-middle position to start. From there, prior to serve-receive, the setter will push up player three.

Player four or two will drop back to assist with serve-receive.

Again, there are some overlap concerns in this rotation to be very aware of, especially in the back row.

Since the setter is technically a back row player, they must be careful not to be crossed over by either player five or one in the back row.

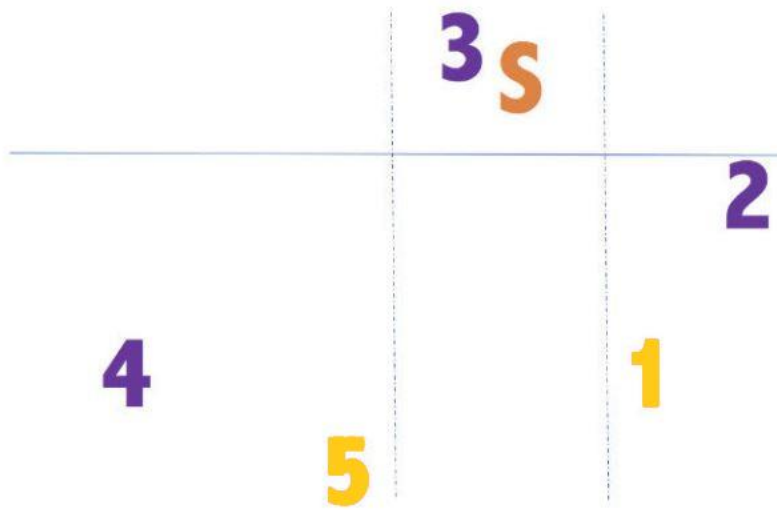
Rotation Two



Rotation 2: Stack Middle

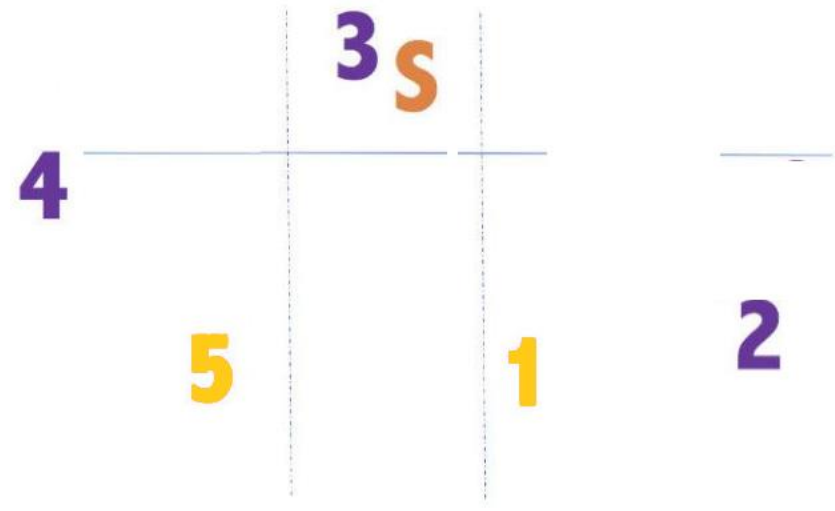
Rotation Two

Rotation Two



Rotation 2: Stack Middle

Rotation Two



Rotation 2: Stack Middle

Rotation Three

The setter pushes up player five to the net and pulls player four towards the left. This allows them quick access to their outside position.

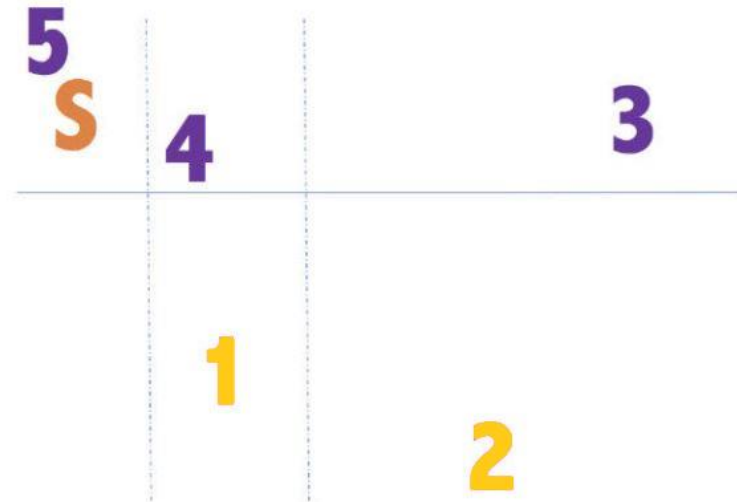
This position is challenging for the setter, as they are quite far from their ideal setting placement.

As soon as the ball is contacted for service, the setter must sprint for their right-of-center positioning.

Player three or four will drop back to assist with serve receive.

The only real concern for overlapping is the setter leaving too soon for their spot and overlapping player one who is playing toward the left for serve receive.

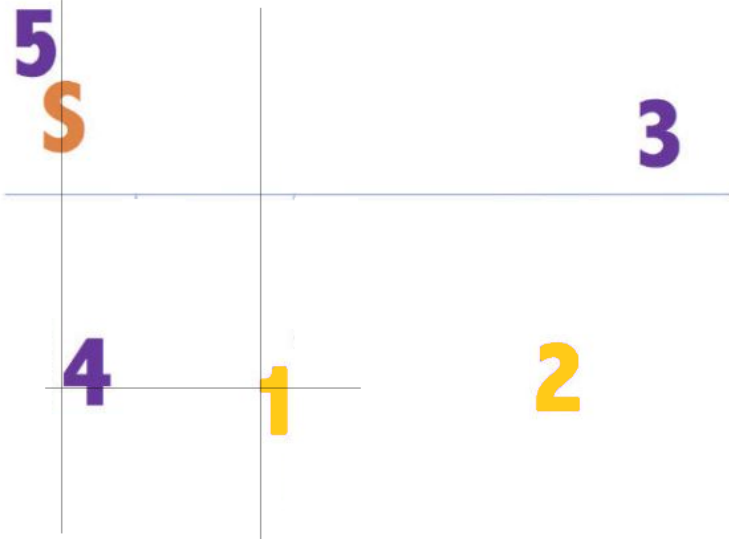
Rotation Three



Rotation 3: Stack Left

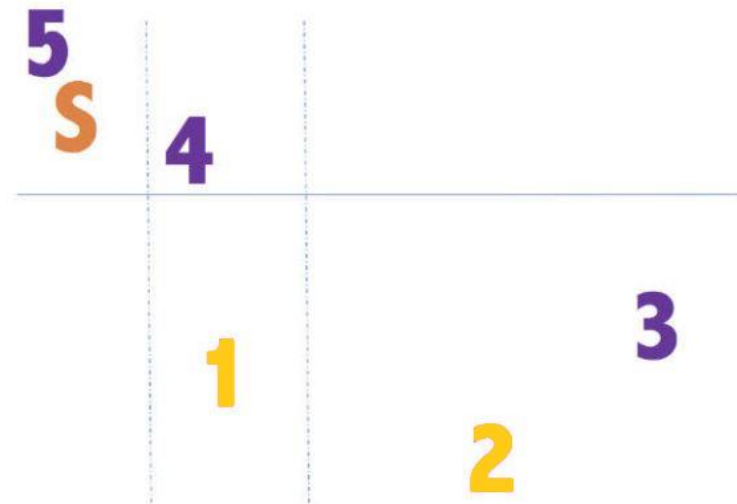
Rotation Three

Rotation Three



Rotation 3: Stack Left

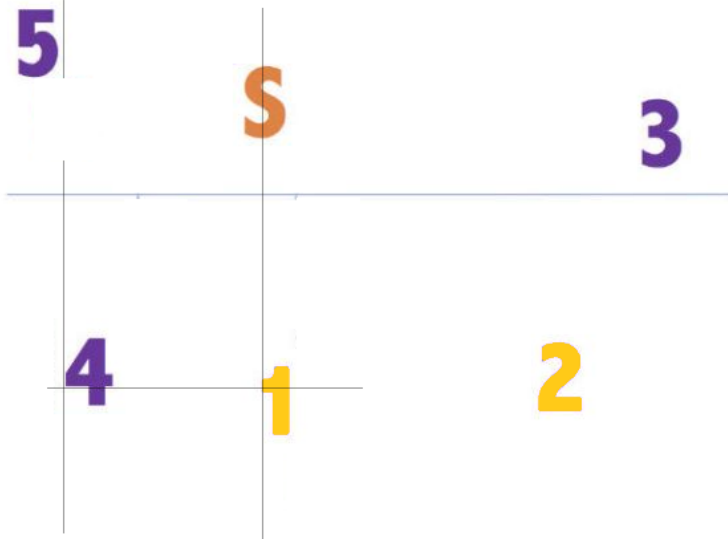
Rotation Three



Rotation 3: Stack Left

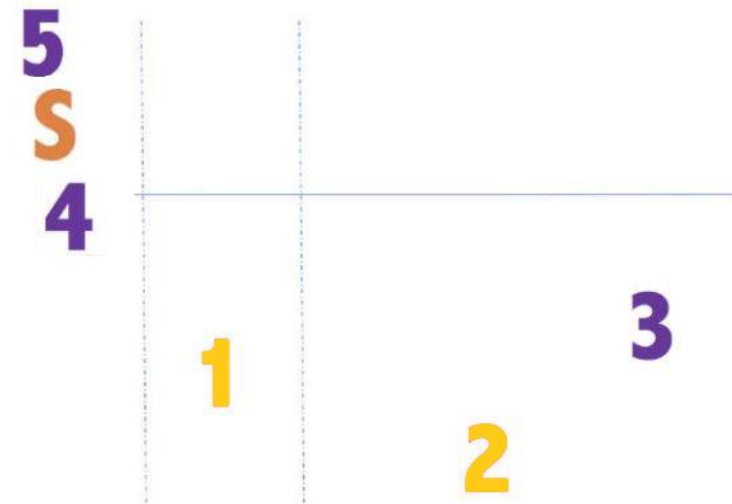
Rotation Three

Rotation Three



Rotation 3: Stack Left

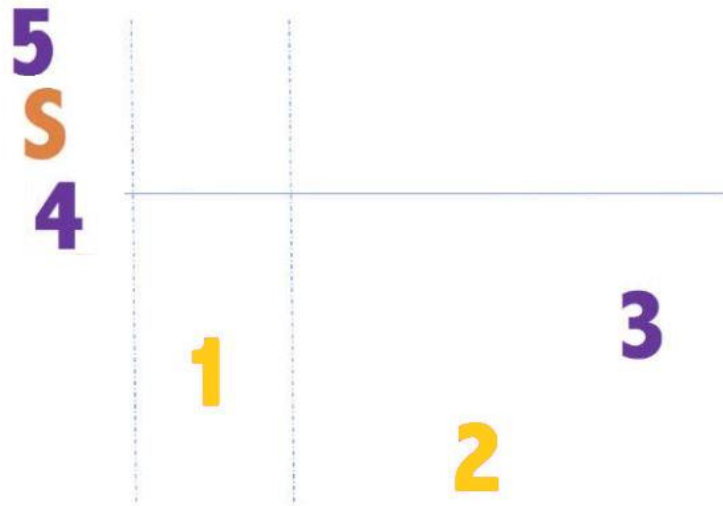
Rotation Three



Rotation 3: Stack Left

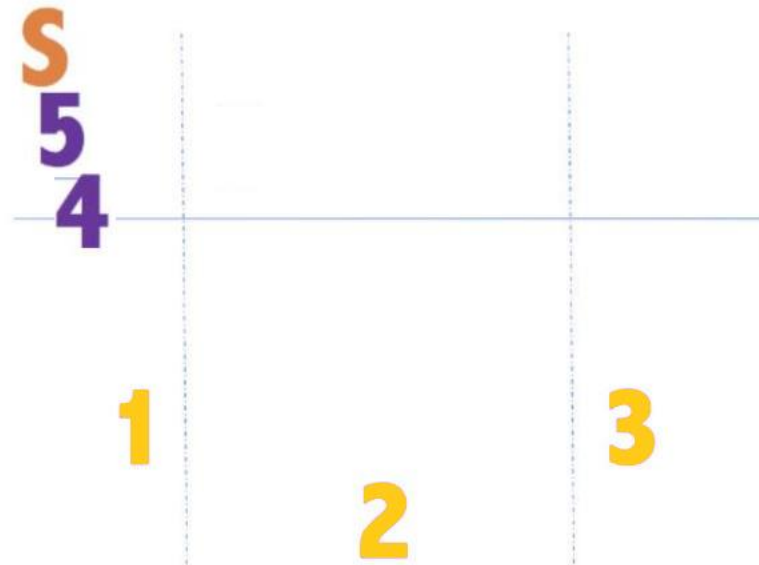
Rotation Three vs. Rotation Four

Rotation Three



Rotation 3: Stack Left

Rotation Four



Rotation 4

Rotation Four

Rotation four introduces the setter to the front row.

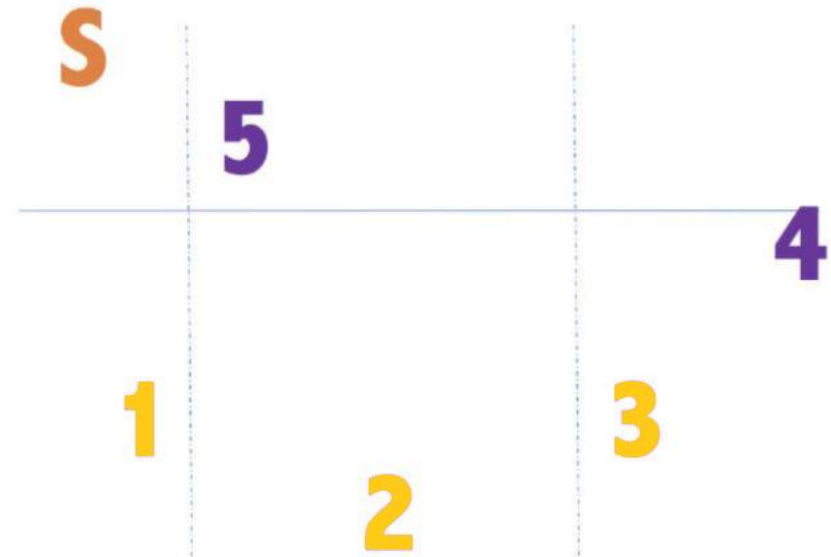
This makes life much easier for everyone as overlapping becomes much less concerning.

The front row players must remain in appropriate numerical order but can be as close to each other as necessary, to facilitate the setter getting to their spot quickly.

Once the setter enters the front row, there is far more flexibility in player positioning.

This allows hitters to “switch” places with ease prior to running any offensive plays.

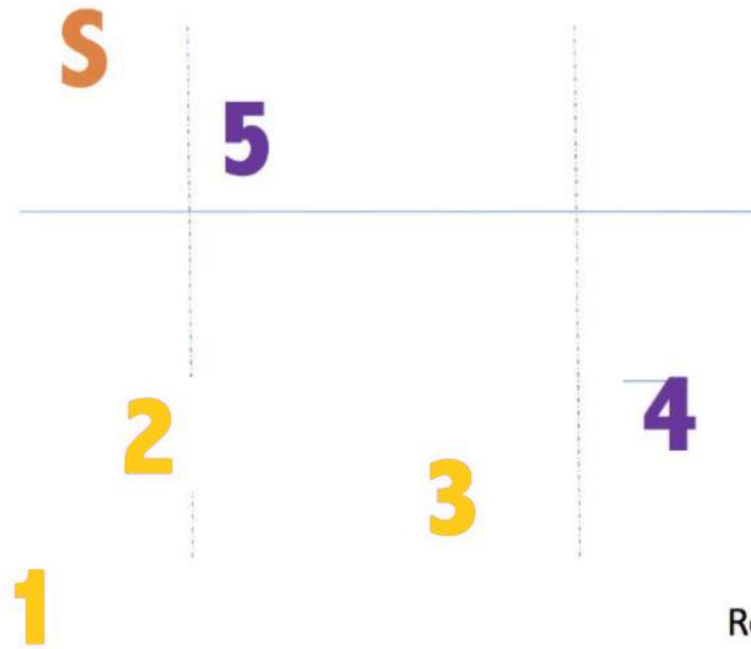
Rotation Four



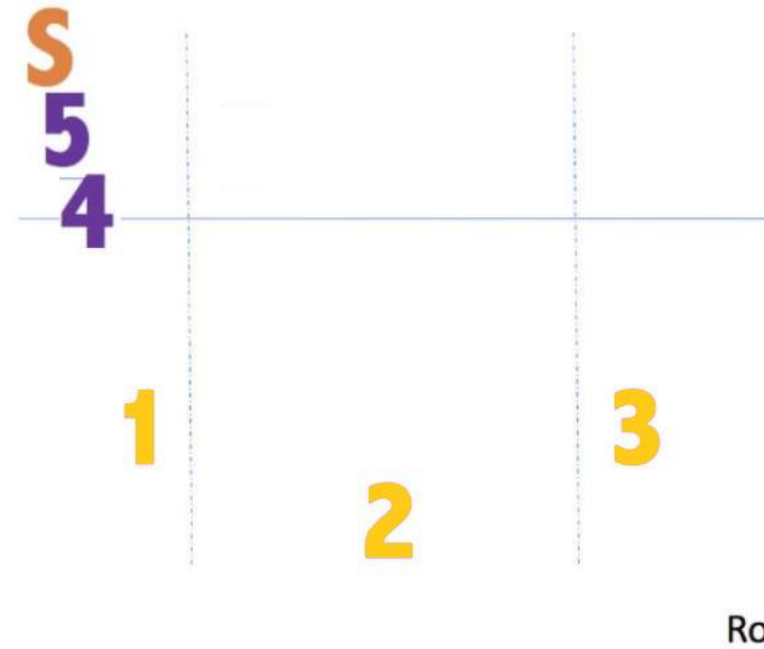
Rotation 4

Rotation Four

Rotation Four



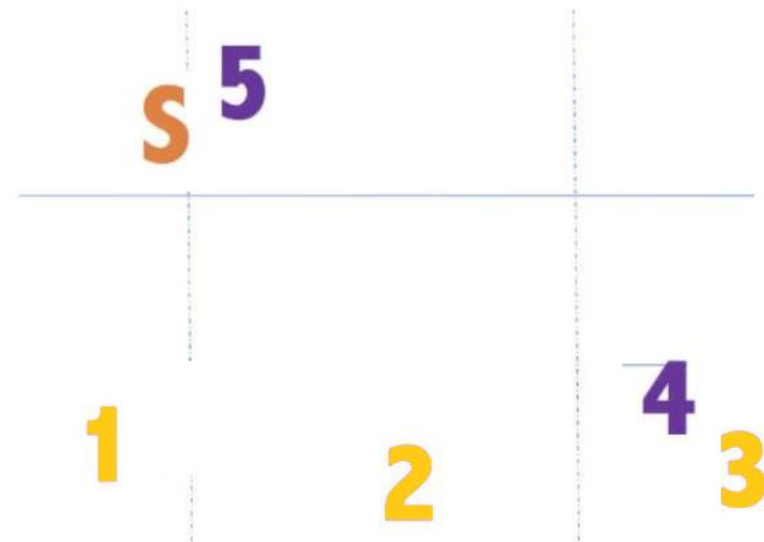
Rotation Four



Rotation Four

Is player 3 a back row setter?
They are hoping you'll forget S
is front row and she can dump
a close pass.

Rotation Four



Rotation 4

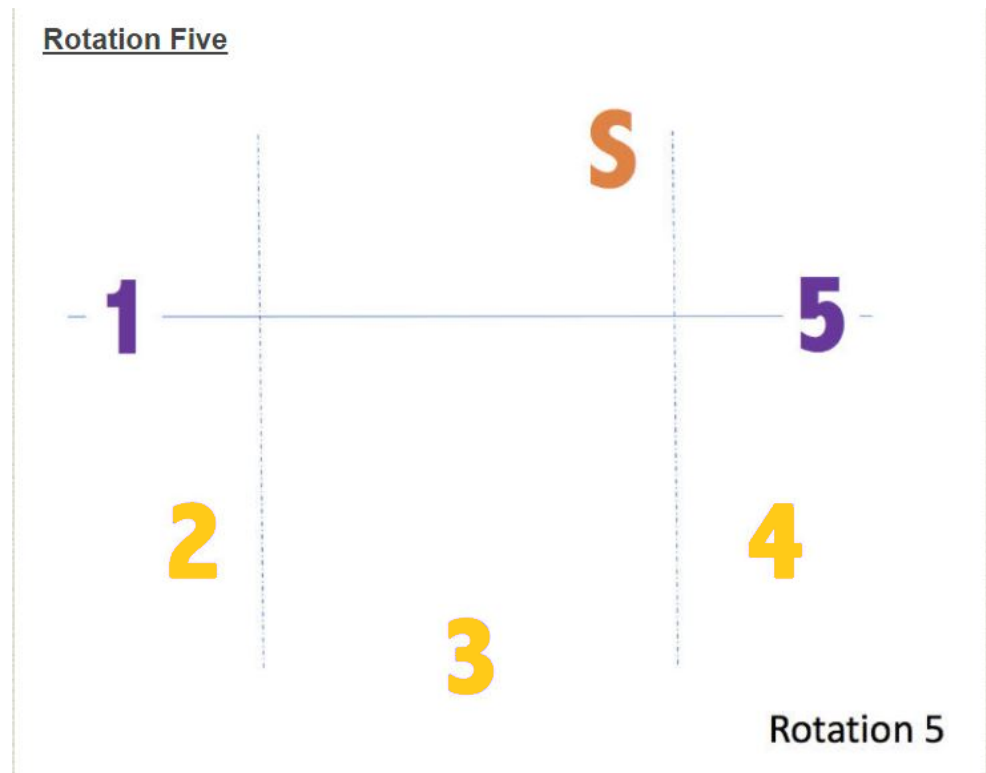
Rotation Five

Rotation five is ideal as the setter is in the front-middle position.

This is also a very flexible set up to run plays from.

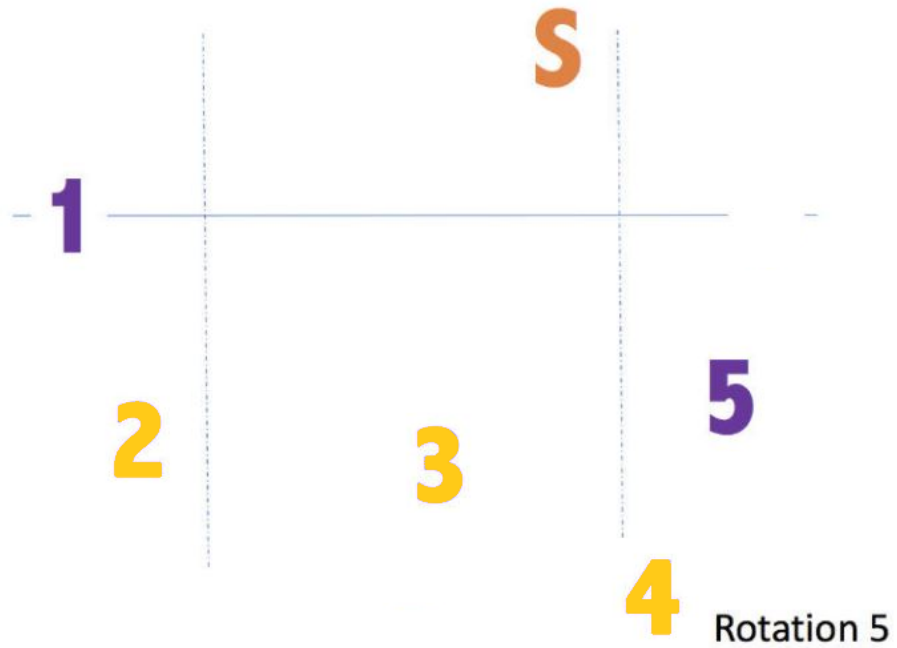
Teams will often hide their weakest passer in this rotation.

If done properly, it's hard to overlap.

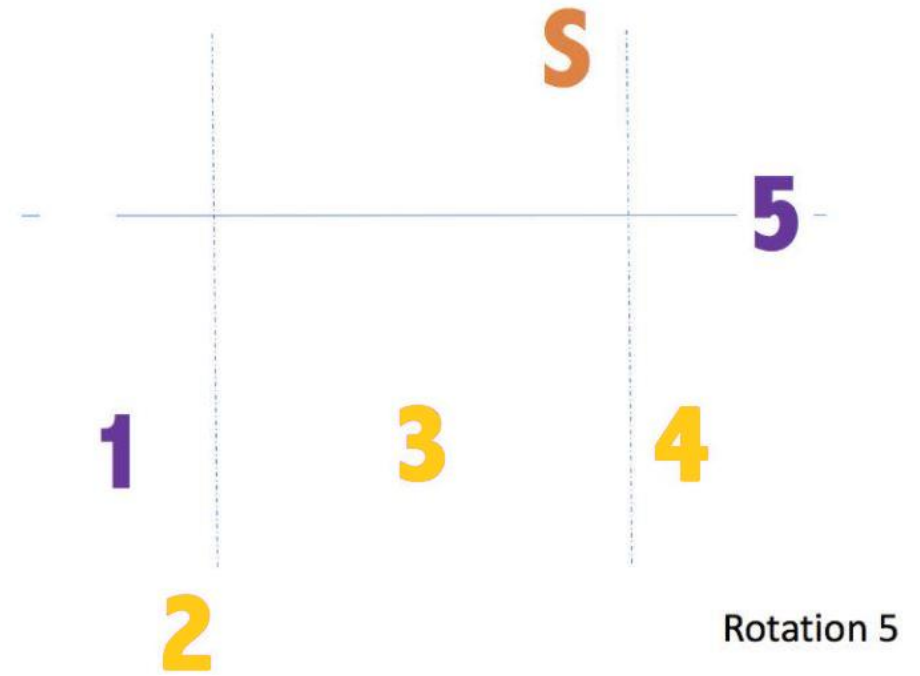


Rotation Five

Rotation Five

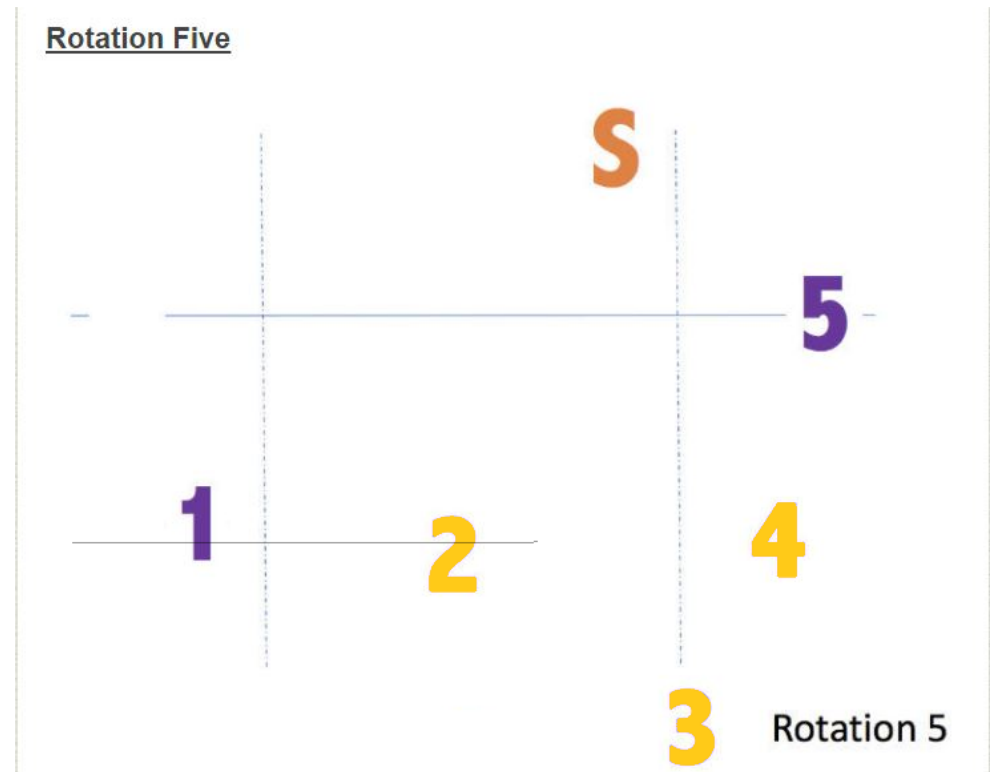


Rotation Five



Rotation Five

But if the team is not careful,
they can create an overlap



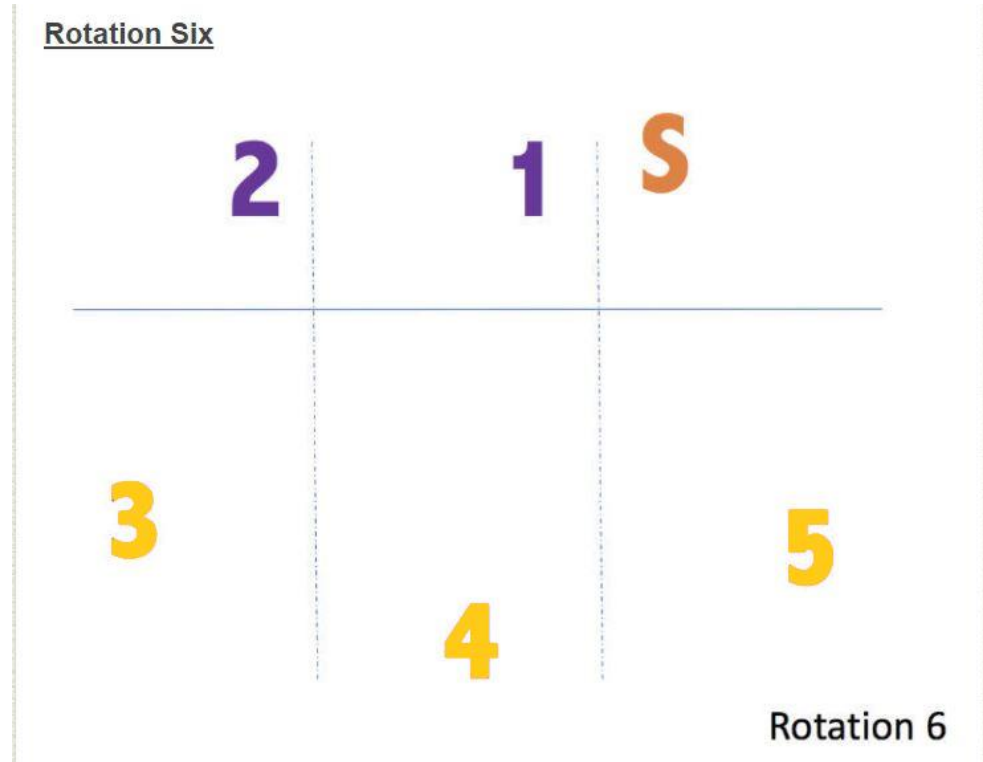
Rotation Six

Rotation six represents the final step in the rotation before starting over.

The front row remains very flexible, as the setter is already in a position to easily set from at the front-right spot.

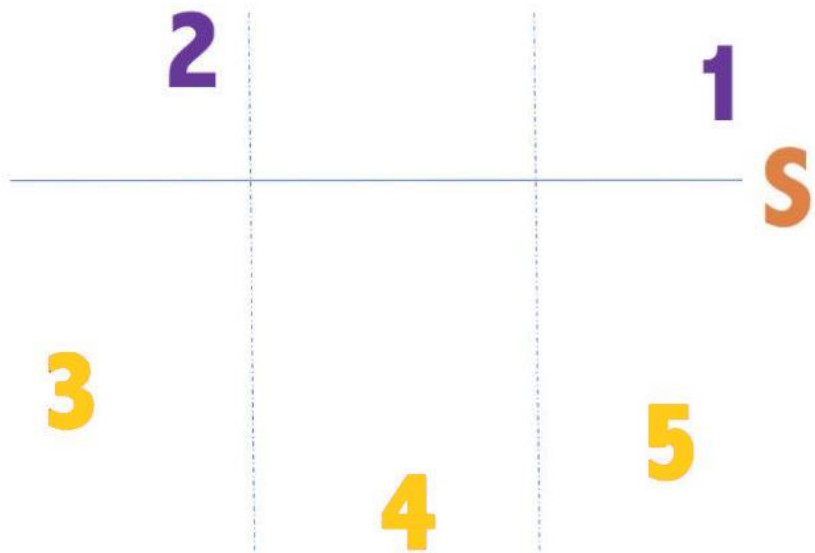
The hitters front-left and front-middle are able to hit from virtually any position they would like, as dictated by the setter's play calling.

Often, a setter will set a back row player behind the ten foot line (3m line). This allows for an off the net attack to a deeper spot on the opponent's court.



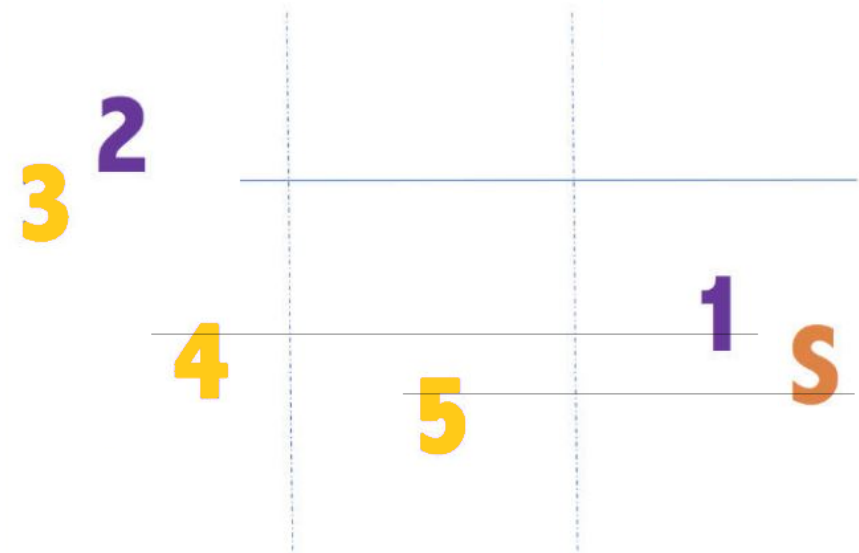
Rotation Six

Rotation Six



Rotation 6

Rotation Six



Rotation 6



Alignment

Rotational alignment takes time to learn.

Start with the basics.

- Know if your setter is front row or back row.
- Learn who the setter's opposite is. Then in rotation 2 and 5 you know for sure who is front row and back row.

As you gain confidence add another player, until you eventually have all 6 players.

Alignment – Memory aids

Setter is 12 and her opposite is 2. (both 2s)

The team's serving order is almost in numerical order.

- 7, 8, 10, 22, 16, 18.

6 (short) is always back row and 22 (tall) subs in the front row.



Scorekeeping

PRE-MATCH, END OF SET

Scorekeeping

The score sheets can be partially prepared well before match start time to save time later.

Have the scorekeeper complete the following items before the match:

Teams, Place, Level, Date, Scheduled Start Time, Officials, Scorekeeper, Set number

| | | | |
|--|---|---|-------------------------|
| | OFFICIAL VOLLEYBALL SCORESHEET | Monterey vs. Alisal | DATE: August 26, 2021 |
| | | PLACE: Alisal High School | SCHEDULED TIME: 4:00 pm |
| | | LEVEL: VARSITY JUNIOR VARSITY FROSH/SOPH | START: FINISH: |

| Serving Order | PLAYERS' NUMBERS | TEAM | ← FIRST SERVE → | | | | Order | PLAYERS' NUMBERS | TEAM |
|---------------|------------------|----------|-----------------|-------|-----|--|-------|------------------|------|
| | | | SCORE | | | | | | |
| | | Monterey | | | | | | Alisal | |
| I | | | 1 21 | 1 21 | I | | | | |
| | | | 2 22 | 2 22 | | | | | |
| | | | 3 23 | 3 23 | | | | | |
| II | | | 4 24 | 4 24 | II | | | | |
| | | | 5 25 | 5 25 | | | | | |
| | | | 6 26 | 6 26 | | | | | |
| | | | 7 27 | 7 27 | | | | | |
| III | | | 8 28 | 8 28 | III | | | | |
| | | | 9 29 | 9 29 | | | | | |
| | | | 10 30 | 10 30 | | | | | |
| | | | 11 31 | 11 31 | | | | | |
| IV | | | 12 32 | 12 32 | IV | | | | |
| | | | 13 33 | 13 33 | | | | | |
| | | | 14 34 | 14 34 | | | | | |
| | | | 15 35 | 15 35 | | | | | |
| V | | | 16 36 | 16 36 | V | | | | |
| | | | 17 37 | 17 37 | | | | | |
| | | | 18 38 | 18 38 | | | | | |
| | | | 19 39 | 19 39 | | | | | |
| VI | | | 20 40 | 20 40 | VI | | | | |


| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|---------------|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|
| SUBSTITUTIONS | | | | | | | | | | | | | | | | | | SUBSTITUTIONS | | | | | | | | | | | | | | | | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 |


COMMENTS:

SCORING KEYS:

| | | | | | | | |
|---------------|----------|-----------------------------|--------------------------|----------------------------------|-----------------------------|--|--|
| | | | | | | | |
| Libero Served | Re-Serve | S-Substitution Serving Team | T- Time-Out Serving Team | Sx - Substitution Receiving Team | Tx- Time-Out Receiving Team | | |

| | | | | | | | | |
|--------------|-----|---|---|---|---|---|--------|-----------------|
| | Set | 1 | 2 | 3 | 4 | 5 | POINTS | FIRST REFEREE: |
| WINNING TEAM | | | | | | | | SECOND REFEREE: |
| LOSING TEAM | | | | | | | | SCOREKEEPER: |

| | | |
|---|---|-------------------------|
|  OFFICIAL VOLLEYBALL SCORESHEET | Monterey vs. Alisal | DATE: August 26, 2021 |
| | PLACE: Alisal High School | SCHEDULED TIME: 4:00 pm |
| | LEVEL: VARSITY JUNIOR VARSITY FROSH/SOPH | START: FINISH: |

| Serving Order | PLAYERS' NUMBERS | TEAM | ← FIRST SERVE → | | | | Serving Order | PLAYERS' NUMBERS | TEAM | | |
|--|------------------|------|--|-------|--------|---|---------------|------------------|--|--------------|--|
| | | | Monterey | | Alisal | | | | | | |
| | | | SCORE | | | | | | | | |
| I | | | 1 21 | 1 21 | I | | | | | | |
| | | | 2 22 | 2 22 | | | | | | | |
| | | | 3 23 | 3 23 | | | | | | | |
| II | | | 4 24 | 4 24 | II | | | | | | |
| | | | 5 25 | 5 25 | | | | | | | |
| | | | 6 26 | 6 26 | | | | | | | |
| | | | 7 27 | 7 27 | | | | | | | |
| III | | | 8 28 | 8 28 | III | | | | | | |
| | | | 9 29 | 9 29 | | | | | | | |
| | | | 10 30 | 10 30 | | | | | | | |
| | | | 11 31 | 11 31 | | | | | | | |
| IV | | | 12 32 | 12 32 | IV | | | | | | |
| | | | 13 33 | 13 33 | | | | | | | |
| | | | 14 34 | 14 34 | | | | | | | |
| | | | 15 35 | 15 35 | | | | | | | |
| V | | | 16 36 | 16 36 | V | | | | | | |
| | | | 17 37 | 17 37 | | | | | | | |
| | | | 18 38 | 18 38 | | | | | | | |
| | | | 19 39 | 19 39 | | | | | | | |
| VI | | | 20 40 | 20 40 | VI | | | | | | |
| SUBSTITUTIONS | | | TIME-OUT | | | | | | SUBSTITUTIONS | | |
| 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 | | | | | | | | | 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 | | |
| COMMENTS: | | | SCORING KEYS: Served Served Point Rotate Rally Point No Serve Playover Mind Change Correction  Libero Served Re-Serve S-Substitution Serving Team T- Time-Out Serving Team RS Sx - Substitution Receiving Team Tx- Time-Out Receiving Team | | | | | | | | |
| | | | Set 1 | 2 | 3 | 4 | 5 | POINTS | FIRST REFEREE: | Lance Null | |
| WINNING TEAM | | | | | | | | | SECOND REFEREE: | Art Radford | |
| LOSING TEAM | | | | | | | | | SCOREKEEPER: | Sarah Keeper | |

Scorekeeping

Once the coin toss is completed, identify the team that will serve first.

Let's say Monterey will serve first.

Scorekeeping

Since we are not switching sides this season, the second (and third) set sheets are almost identical to set 1.

The only changes are the set number and the serving team.

| CIF OFFICIAL VOLLEYBALL SCORESHEET | | Monterey vs. Alisal | | DATE: August 26, 2021 | | |
|--|------------------|---|---|--|-----------------------------|-------------|
| | | PLACE: Alisal High School | | SCHEDULED TIME: 4:00 pm | | |
| | | LEVEL: VARSITY JUNIOR VARSITY FROSH/SOPH | | START: FINISH: | | |
| Serving Order | PLAYERS' NUMBERS | TEAM Monterey | SCORE | Serving Order | PLAYERS' NUMBERS | TEAM Alisal |
| | | | | | | |
| I | | | 1 21 1 21 | I | | |
| | | | 2 22 2 22 | | | |
| | | | 3 23 3 23 | | | |
| | | | 4 24 4 24 | | | |
| II | | | 5 25 5 25 | II | | |
| | | | 6 26 6 26 | | | |
| | | | 7 27 7 27 | | | |
| | | | 8 28 8 28 | | | |
| III | | | 9 29 9 29 | III | | |
| | | | 10 30 10 30 | | | |
| | | | 11 31 11 31 | | | |
| | | | 12 32 12 32 | | | |
| IV | | | 13 33 13 33 | IV | | |
| | | | 14 34 14 34 | | | |
| | | | 15 35 15 35 | | | |
| V | | | 16 36 16 36 | V | | |
| | | | 17 37 17 37 | | | |
| | | | 18 38 18 38 | | | |
| VI | | | 19 39 19 39 | VI | | |
| | | | 20 40 20 40 | | | |
| SUBSTITUTIONS | | | TIME-OUT | SUBSTITUTIONS | | |
| 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 | | | | 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 | | |
| COMMENTS: | | | SCORING KEYS: | | | |
| | | | Served (O) Served Point (3) Rotate (R) Rally Point (4) No Serve (P) Playover (M) Mind Change (P) Correction (X) Libero Served (L) Re-Serve (RS) S-Substitution Serving Team (S) T- Time-Out Serving Team (T) Sx - Substitution Receiving Team (Sx) Tx- Time-Out Receiving Team (Tx) | | | |
| | | | Set 1 2 3 4 5 | POINTS | FIRST REFEREE: Lance Null | |
| WINNING TEAM | | | | | SECOND REFEREE: Art Radford | |
| LOSING TEAM | | | | | SCOREKEEPER: Sarah Keeper | |

Lineups

Monterey

L: 10

I 1

II 2c

III 6

IV 16

V 5

VI 86

Alisal

L: 25

I 2

II 4

III 6

IV 7c

V 3

VI 1

First Serve

Record the starting time of the set.

| | | | |
|--|------------|---|-------------------------|
| | OFFICIAL | Monterey vs. Alisal | DATE: August 26, 2021 |
| | VOLLEYBALL | PLACE: Alisal High School | SCHEDULED TIME: 4:00 pm |
| | SCORESHEET | LEVEL: VARSITY JUNIOR VARSITY FROSH/SOPH | START: 4:00 FINISH: |

| Serving Order | PLAYERS' NUMBERS | TEAM | ← FIRST SERVE → | | Serving Order | PLAYERS' NUMBERS | TEAM |
|---------------|------------------|----------|-----------------|-------|---------------|------------------|--------|
| | | | SCORE | SCORE | | | |
| | 10 | Monterey | | | | 25 | Alisal |
| I | 1 | | 1 21 | 1 21 | I | 2 | |
| | | | 2 22 | 2 22 | | | |
| | | | 3 23 | 3 23 | | | |
| II | 2 C | | 4 24 | 4 24 | II | 4 | |
| | | | 5 25 | 5 25 | | | |
| | | | 6 26 | 6 26 | | | |
| III | 6 | | 7 27 | 7 27 | III | 6 | |
| | | | 8 28 | 8 28 | | | |
| | | | 9 29 | 9 29 | | | |
| IV | 16 | | 10 30 | 10 30 | IV | 7C | |
| | | | 11 31 | 11 31 | | | |
| | | | 12 32 | 12 32 | | | |
| V | 5 | | 13 33 | 13 33 | V | 3 | |
| | | | 14 34 | 14 34 | | | |
| | | | 15 35 | 15 35 | | | |
| VI | 86 | | 16 36 | 16 36 | VI | 1 | |
| | | | 17 37 | 17 37 | | | |
| | | | 18 38 | 18 38 | | | |
| | | | 19 39 | 19 39 | | | |
| | | | 20 40 | 20 40 | | | |

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|---------------|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|
| SUBSTITUTIONS | | | | | | | | | | | | | | | | | | SUBSTITUTIONS | | | | | | | | | | | | | | | | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 |

COMMENTS:

SCORING KEYS:

| | | | | | | | |
|---------------|----------|----------------------------------|--|-----------------------------|--|--|--|
| | | | | | | | |
| Libero Served | Re-Serve | S-Substitution Serving Team | | T- Time-Out Serving Team | | | |
| | RS | Sx - Substitution Receiving Team | | Tx- Time-Out Receiving Team | | | |

| | | | | | | | |
|--------------|---|---|---|---|---|--------|-----------------------------|
| Set | 1 | 2 | 3 | 4 | 5 | POINTS | FIRST REFEREE: Lance Null |
| WINNING TEAM | | | | | | | SECOND REFEREE: Art Radford |
| LOSING TEAM | | | | | | | SCOREKEEPER: Sarah Keeper |

After the Set

Make sure the scorekeeper completes the scoresheet.

| | | | |
|--|------------|---|--------------------------|
| | OFFICIAL | Monterey vs. Alisal | DATE: August 26, 2021 |
| | VOLLEYBALL | PLACE: Alisal High School | SCHEDULED TIME: 4:00 pm |
| | SCORESHEET | LEVEL: VARSITY JUNIOR VARSITY FROSH/SOPH | START: 4:00 FINISH: 4:15 |

| Serving Order | PLAYERS' NUMBERS | TEAM | ← FIRST SERVE → | | Serving Order | PLAYERS' NUMBERS | TEAM |
|---------------|------------------|------------------------|-----------------|-------|---------------|------------------|------------------------|
| | | | SCORE | SCORE | | | |
| | 10 | Monterey | | | | 25 | Alisal |
| I | 1 | 1 2 3 R 15 16 17 18 19 | 21 | 21 | I | 2 | 1 2 3 R 20 21 R |
| | | R | 22 | 22 | | | |
| II | 2 C | 4 5 R 20 R | 23 | 23 | II | 4 | 4 5 6 7 8 9 R 22 23 24 |
| | | | 24 | 24 | | | |
| III | 6 | 6 R | 25 | 25 | III | 6 | 10 11 R |
| | | | 26 | 26 | | | |
| IV | 16 | 7 8 9 10 R | 27 | 27 | IV | 7C | 12 13 14 15 R |
| | | | 28 | 28 | | | |
| V | 5 | 11 12 13 R | 29 | 29 | V | 3 | 16 R |
| | | | 30 | 30 | | | |
| VI | 86 | 14 R | 31 | 31 | VI | 1 | 17 18 19 R |
| | | | 32 | 32 | | | |
| | | | 33 | 33 | | | |
| | | | 34 | 34 | | | |
| | | | 35 | 35 | | | |
| | | | 36 | 36 | | | |
| | | | 37 | 37 | | | |
| | | | 38 | 38 | | | |
| | | | 39 | 39 | | | |
| | | | 40 | 40 | | | |

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|---------------|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|
| SUBSTITUTIONS | | | | | | | | | | | | | | | | | | SUBSTITUTIONS | | | | | | | | | | | | | | | | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 |

| | | | | | | | | | | | | | | | | | | |
|-----------|---|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| COMMENTS: | SCORING KEYS: | | | | | | | | | | | | | | | | | |
| | Served Libero Served Served Point Re-Serve Rotate Rally Point No Serve Playover Mind Change Correction S-Substitution Serving Team Sx-Substitution Receiving Team T-Time-Out Serving Team Tx-Time-Out Receiving Team | | | | | | | | | | | | | | | | | |

| | | | | |
|--------------|----------|----|-----------------|--------------|
| WINNING TEAM | Alisal | 25 | FIRST REFEREE: | Lance Null |
| LOSING TEAM | Monterey | 20 | SECOND REFEREE: | Art Radford |
| | | | SCOREKEEPER: | Sarah Keeper |



Case Plays

SITUATIONS YOU MIGHT FACE

Case 4.1

At the beginning of a team warm-up, the referees observe:

- A) A player on the court with illegal jewelry
- B) A team manager assisting with drills while wearing wireless headphones.
- C) A JV player shagging balls in flip flops
- D) A player on her cell phone during warm-ups
- E) A coach in high heels assisting with warm-ups

Ruling?

Case 4.1

At the beginning of a team warm-up, the referees observe:

- A) A player on the court with illegal jewelry - NO
- B) A team manager assisting with drills while wearing wireless headphones. - NO
- C) A JV player shagging balls in flip flops - NO
- D) A player on her cell phone during warm-ups - NO
- E) A coach in high heels assisting with warm-ups - OK

Must correct attire in A) B) C) and D) before continuing warm-ups. Officials will inform the head coach, who will have it corrected.

Case 4.2.1 E

Players on Team A are wearing sports bras, which are visible outside their sleeveless uniform tops.

The sports bras are:

A) Striped

B) Three players have a different color than the uniform top

Ruling?

Case 4.2.1 E

Players on Team A are wearing sports bras, which are visible outside their sleeveless uniform tops.

The sports bras are:

A) Striped - **Legal**

B) Three players have a different color than the uniform top - **Legal**

Foundation garments are not subject to NFHS rules on visible undergarments

Case 5.4.3 F

During a time-out, the second referee is still checking a discrepancy on the scoresheet when 45 seconds have elapsed,

The first referee sounds the warning whistle.

Correct or Incorrect?

Case 5.4.3 F

During a time-out, the second referee is still checking a discrepancy on the scoresheet when 45 seconds have elapsed,

The first referee sounds the warning whistle.

Correct.

- I've got your back!

Case 7.1.1.B

Team A has 6 players to start the match. Later during the set, player No. 25 arrives. Player 25 is a) not listed on the roster b) is listed on the roster.

Can No. 25 substitute into the set?

Ruling?

Case 7.1.1.B

Team A has 6 players to start the match. Later during the set, player No. 25 arrives. Player 25 is a) not listed on the roster b) is listed on the roster.

Can No. 25 substitute into the set?

A) Yes, but must be added to the roster at the cost of an **administrative red card**

B) Yes. May enter without penalty.

Moral of the Story

If the coach has more players listed on the roster than present at the start of the match– that's OK.

The players do not have to be there at the start of the match to appear on the roster.

DO NOT have them cross out names of players who are not there.
(Coach may if they want, but it is not required.)

Case 7.1.1 C

The prematch conference begins. The coach for Team A does not present the roster to the R2. After the referees remind the coaches that the roster is due at the prematch conference, the coach for Team A immediately retrieves the roster from the team bench and submits it to the R2.

Ruling?

Case 7.1.1 C

Use preventative officiating and allow the coach to retrieve the roster.

If the roster is **not ready**, an **unnecessary delay** (yellow card) is assessed prior to the first set.

Case 8.2.6

At the moment of serve, CB and RB on team R are overlapping.

However,

A) the server commits a foot fault.

B) the serve lands out of bounds.

Ruling?

Case 8.2.6

At the moment of serve, CB and RB on team R are overlapping.

However,

A) the server commits a foot fault. – **Illegal Serve, Point R**

B) the serve lands out of bounds. – **Illegal Alignment, Point S**

Ruling:

Case 9.4.5

During the second hit the CB on Team S contacts the ball with:

- A) A foot
- B) The leg below the knee
- C) The leg at or above the knee
- D) The kneepad where there is prolonged contact.

The ball remains in play. Ruling?

Case 9.4.5

During the second hit the CB on Team S contacts the ball with:

- A) A foot - Legal
- B) The leg below the knee - Legal
- C) The leg at or above the knee - Legal
- D) The kneepad where there is prolonged contact. – Illegal. Pt R.

The ball remains in play. Ruling

Case 9.4.8 D

Team A returns the ball in a slow, high and looping manner. The Team B player makes first contact with her fingertips and then her head. There is no prolonged contact. The first referee whistles and signals a double contact because the return was not hard driven. Correct or Incorrect?

Case 9.4.8 D

Team A returns the ball in a slow, high and looping manner. The Team B player makes first contact with her fingertips and then her head. There is no prolonged contact. The first referee whistles and signals a double contact because the return was not hard driven. **Incorrect**

The rule does not differentiate among the types of first contacts or ball over. If they are not prolonged, they are legal.

Case 9.5.2

RF on Team S attacks the ball to the floor for a point after which the RF

A) steps completely over the center line

B) touches the net

Ruling?

Case 9.5.2

RF on Team S attacks the ball to the floor for a point after which the RF

A) steps completely over the center line – Legal. Point S.

B) touches the net – Legal. Point S.

Ruling: The ball is dead when it strikes the floor. The ball must be in play for a center line or net violation.

Case 9.8.1

The second hit by Team S goes up into the rafters over its playing area where it:

- A) bounces off of a beam
- B) rolls along a beam
- C) sticks momentarily on a beam

Then falls on Team S's side of the court. Ruling?

Case 9.8.1

The second hit by Team S goes up into the rafters over its playing area where it:

- A) bounces off of a beam - Legal
- B) rolls along a beam - Legal
- C) sticks momentarily on a beam - Legal

Then falls on Team S's side of the court. Ruling – Play Continues

Case 10.1.3

During a set, Team A's coach calls for a substitution, which is made. The coach then calls for a time out. At the end of the time out, after all players have returned to the court and before the signal for serve, Team A requests another substitution.

Ruling?

Case 10.1.3

During a set, Team A's coach calls for a substitution, which is made. The coach then calls for a time out. At the end of the time out, after all players have returned to the court and before the signal for serve, Team A requests another substitution.

Ruling – **Request Denied.** (Don't whistle for it!!)

A team is allowed only one substitution request per dead ball.

Not an unnecessary delay, unless whistled by R2, or repeatedly done.

Case 12.2.1

A coach repeatedly verbally abuses his/her own players. The R1 administers a yellow card to the coach.

Correct or Incorrect?

Case 12.2.1

A coach repeatedly verbally abuses his/her own players. The R1 administers a yellow card to the coach.

Correct. The coach's conduct is unsporting and disrespectful.

Case 12.2.9.C

After play has been whistled dead, a player on Team A intentionally

A) hits the ball 20 feet in the air.

B) kicks the ball under the net and strikes a Team B player in the leg.

C) attacks the ball sending it over the net hitting a Team B player in the head.

Case 12.2.9.C

After play has been whistled dead, a player on Team A intentionally

A) hits the ball 20 feet in the air. – **Yellow Card**

B) kicks the ball under the net and strikes a Team B player in the leg. – **Yellow** or **red card** depending on severity

C) attacks the ball sending it over the net hitting a Team B player in the head. – **Red card or DQ** depending on severity



Unnecessary Delay

Unnecessary Delay

Signal 20

Raise the hand on the side of the offending team beside head, palm facing in, hold the appropriate card on the wrist of the raised hand.



Unnecessary Delay

| UNNECESSARY DELAYS (An unnecessary delay includes, but is not limited to:) | | | | |
|--|----------------------------------|--------------------------------|---------------------------------------|---------------------|
| Delay Examples | First Occurrence (in set) | Penalty | Subsequent Occurrence (in set) | Penalty |
| 1. Failure to submit a roster to the second referee at the pre-match conference. | Yellow | Warning | N/A | N/A |
| 2. Team not ready to start play when directed by first referee. | Yellow | Warning | Red | Loss of Rally/Point |
| 3. A substitute attempting to enter or when a player is in the set wearing illegal equipment/uniform. | Yellow | Warning/ Must be made legal | Red | Loss of Rally/Point |
| 4. Coach or Captain making excessive requests for serving order. | Yellow | Warning | Red | Loss of Rally/Point |
| 5. Delay in properly completing a substitution(s) or a substitute(s) entering court before authorization by the referee. | Yellow | Warning/ Sub. Denied | Red | Loss of Rally/Point |

Unnecessary Delay

| UNNECESSARY DELAYS (An unnecessary delay includes, but is not limited to:) | | | | |
|--|----------------------------------|--|---------------------------------------|---------------------|
| Delay Examples | First Occurrence (in set) | Penalty | Subsequent Occurrence (in set) | Penalty |
| 6. An illegal substitute attempting to enter set. | Yellow | Warning/ Sub. Denied | Red | Loss of Rally/Point |
| 7. An illegal replacement attempting to enter the set. (illegal alignment once signal for serve initiated) | Yellow | Warning/ Replacement or Libero Denied | Red | Loss of Rally/Point |
| 8. A team repeatedly using an improper substitution procedure. | Yellow | Warning/ Sub. Denied | Red | Loss of Rally/Point |
| 9. A coach fails to make decision about an injured player within 30 seconds. | Yellow | Warning | Red | Loss of Rally/Point |
| 10. Delay returning to court after time-out, or delay caused by spillages (liquids/substances) during time-out. | Yellow | Warning | Red | Loss of Rally/Point |

Unnecessary Delay

| UNNECESSARY DELAYS (An unnecessary delay includes, but is not limited to:) | | | | |
|---|---------------------------|----------------------------|--------------------------------|---------------------|
| Delay Examples | First Occurrence (in set) | Penalty | Subsequent Occurrence (in set) | Penalty |
| 11. A team conferring during a time-out at a location other than the team bench/court area. | Yellow | Warning | Red | Loss of Rally/Point |
| 12. A team requests a time-out after taking allotted time-outs. | Yellow | Warning | Red | Loss of Rally/Point |
| 13. A libero or replacement enters/exits court outside the libero replacement zone. | Yellow | Warning | Red | Loss of Rally/Point |
| 14. A substitution is denied by second referee after the request has been recognized (whistled) due to being illegal. | Yellow | Warning/ Sub. Denied | Red | Loss of Rally/Point |
| 15. Improper request for substitution, time-out or lineup check that is acknowledged (whistled) by referee. | Yellow | Warning/ Request Denied | Red | Loss of Rally/Point |
| NOTE: For repeated unnecessary delay violations in multiple sets, unsporting conduct may be issued by the first referee. | | | | |

Yellow Delay vs. Yellow UC

Unnecessary delays are per set.

You can get a **yellow** unnecessary delay (**YUD**) each set without getting a **red** unnecessary delay (**RUD**).

Conduct penalties carry over through the entire match and are cumulative for the individual receiving the sanction. It is possible to get two yellow cards by different players for the same offense. However if a player commits a second minor offense, the resulting penalty is a **red** card.

Unnecessary Delay vs. Unsporting Conduct

UNNECESSARY DELAY

Does NOT carry over from set to set

Yellow – 1st delay

Red – 2nd and following delays in the same set

UNSPORTING CONDUCT

Carries over from set to set for the match

Yellow – 1st minor offense

Red – 2nd minor or 1st serious offense

DQ – 1st flagrant, second serious, or 3rd minor offense



Have a Great
Season!
